

Handout 3-A:

Readings and Resources

Health Promotion and Disease Prevention Fenway Guide to LGBT Health, Module 3

LGBT HEALTH DISPARITIES LITERATURE

Dean L, Meyer IH, Robinson K, et al. Lesbian, gay, bisexual, and transgender health: findings and concerns. *J Gay and Lesbian Med Assoc.* 2000;4:101-151.

Diamant, A.L., Wold C, Spritzer K, et al. Health behaviors, health status, and access to and use of health care: a population-based study of lesbian, bisexual, and heterosexual women. *Archives of Family Medicine.* 2000; 9:1043-1051.

Gay and Lesbian Medical Association. *Healthy People 2010: Companion document for gay, lesbian, bisexual, and transgender health.* San Francisco, CA, 2001.
http://www.lgbthealth.net/side_hp2010.shtml

Harcourt, J (ed.). *Current issues in lesbian, gay, bisexual, and transgender health.* Haworth Press, 2004.

Herbst JH, Jacobs ED, Finlayson TJ, et al. Estimating HIV prevalence and risk behaviors of transgender persons in the United States: a systematic review. *AIDS Behav.* 2008;12:1-17.

Institute of Medicine, Solarz AL, eds. *Lesbian Health: Current Assessment and Directions for the Future.* Washington, DC: The National Academies Press; 1999.
http://www.nap.edu/catalog.php?record_id=6109

Makadon HJ. Improving health care for the lesbian and gay communities. *N Engl J Med.* 2006;354:895-7.

Makadon HJ, Mayer KH, Potter J, Goldhammer H, eds. *The Fenway Guide to Lesbian, Gay, Bisexual, and Transgender Health.* Philadelphia: American College of Physicians. 2008.

Mayer K, Bradford J, Makadon H, Stall R, Goldhammer H, Landers S. Sexual and gender minority health: what we know and what needs to be done. American Journal of Public Health. 2008;98:989-995.

Meyer IH, Northridge ME, eds. The Health of Sexual Minorities: Public Health Perspectives on Lesbian, Gay, Bisexual and Transgender Populations. Springer; 2006.

National Coalition for LGBT Health. An overview of US trans health priorities: a report by the eliminating disparities working group. August, 2004.
http://www.lgbthealth.net/downloads/research/US_Trans_Health_Priorities.pdf

Potter JE. Do ask, do tell. Annals Internal Medicine. 2002;137:341-343.

Wolitski R, Stall R, Valdiserri R, eds. Unequal Opportunity: Health Disparities Among Gay and Bisexual men in the United States. Oxford University Press; 2007.

CLINICAL PREVENTIVE SERVICES / EVIDENCE-BASED PRACTICE

Diffusion of Effective Behavioral Interventions (HIV)

<http://www.effectiveinterventions.org/>

Guide to Community Preventive Services: Evidence-based recommendations for programs and policies to promote population health

<http://www.thecommunityguide.org>

Healthy People 2010

<http://www.healthypeople.gov/>

National Cancer Institute Research-tested Intervention Programs

<http://rtips.cancer.gov/rtips>

Put Prevention Into Practice: A Step-by-Step Guide to Delivering Clinical Preventive Services: A Systems Approach

<http://www.ahrq.gov/ppip/manual>

US Preventive Services Task Force (USPSTF)

<http://www.ahrq.gov/clinic/uspstfix.htm>

LGBT SMOKING CESSATION

Gay American Smokeout

<http://www.gaysmokeout.net>

(206) 938-8828

The Last Drag, San Francisco

<http://www.lastdrag.org>

(415) 339-7867

The LGBT Smoke-Free Project, LGBT Community Center

<http://www.gaycenter.org/health/smokefree>

(212) 620.7310

National LGBT Tobacco Control Network

<http://www.lgbttobacco.org>

Smoking Cessation Program, LA Gay and Lesbian Center

<http://www.lagaycenter.org>

(323) 860-7305

LGBT CANCER RESEARCH AND EDUCATION

National LGBT Cancer Network

<http://www.cancer-network.org/>

The Mautner Project, The National Lesbian Health Organization

<http://www.mautnerproject.org>

LGBT MENTAL HEALTH

Mental Health Clinical Guidelines

American Psychological Association. Guidelines for psychotherapy with lesbian, gay, and bisexual clients. <http://www.apa.org/pi/lgbc/guidelines.html>

Perez R, DeBord K, Bieschke K. Handbook of counseling and psychotherapy with lesbian, gay and bisexual clients. American Psychological Association; 2000.

Mental Health Literature

Meyer IH. Prejudice, social stress, and mental health in lesbian, gay and bisexual populations: conceptual issues and research evidence. *Psychological Bulletin*. 2003;129:674-697.

Omoto A, Kurtzman H. Sexual Orientation and Mental Health. American Psychological Association; 2006.

Pope HG, Phillips KA, Olivardia R. The Adonix Complex: The Secret Crisis of Male Body Obsession. Free Press; 2000.

Mental Health Professional Organizations

(Note: These websites also have resources and publications)

American Psychological Association (APA) Lesbian, Gay, & Bisexual Concerns Office

<http://www.apa.org/pi/lgbc>

(202) 336- 6041

Association For Gay, Lesbian, and Bisexual Issues In Counseling

<http://www.aglbic.org>

Association of Gay and Lesbian Psychiatrists (AGLP)

<http://www.aglp.org>

(215) 222-2800

(See: LGBT Mental Health Syllabus at <http://www.aglp.org/gap/>)

National Association of Social Workers (NASW), National Committee on Lesbian, Gay, & Bisexual Issues

<http://www.socialworkers.org>

(202) 408-8600

LGBT Mental Health Specialists and Support Groups

Gay and Lesbian International Therapist Search Engine (GLITSE)

<http://www.glitse.com>

Fenway Community Health Behavioral Health Program

http://www.fenwayhealth.org/site/PageServer?pagename=FCHC_pro_providers_services

(617) 927-6202

Gay, Lesbian, Bisexual and Transgender Helpline

(888) 340-4528

Monday through Friday, 6pm-11 pm, Eastern Time

GLBT National Youth Hotline

(800) 246-PRIDE

Monday thru Friday from 8pm to Midnight, *Eastern Time*

The Pacific Center

<http://www.pacificcenter.org/services.html>

(510) 548-8283

Rainbow Heights Club

<http://www.rainbowheights.org/index.html>

(718) 852-2584

Peer Listening Line

(800) 399-PEER

Monday thru Friday 6pm – 11 pm, *Eastern Time*

Trevor Helpline Crisis Intervention for LGBTQ Youth

(800) 850-8078

24 hour; 7 days/week

SUBSTANCE USE AND ABUSE

LGBT Substance Use Clinical Guidelines

Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, US Department of Health and Human Services. A provider's introduction to substance abuse treatment for lesbian, gay, bisexual, and transgender individuals. 2001. DHHS Publication No. (SMA) 01-3498.

[Http://www.nalgap.org/PDF/Articles/csat.pdf](http://www.nalgap.org/PDF/Articles/csat.pdf)

Addiction Technology Transfer Center LGBT Substance Abuse Counselor Training Curriculum. From the Prairielands Addiction Technology Transfer Center Network

<http://www.public-health.uiowa.edu/pattc/lgbttrainingcurriculum/lgbt.htm>

NALGAP 1994 Prevention Policy Statement and Prevention Guidelines. National Association for Gay and Lesbian Addiction Professionals; 1994.

http://www.nalgap.org/PDF/Resources/NALGAP_94_Prev_Policy_Guidelines.pdf

Substance Abuse Organizations

Dance Safe

Harm reduction information and resources about club drugs.

<http://www.dancesafe.org>

National Association for Gay and Lesbian Addiction Professionals

<http://www.nalgap.org>

(703) 465-0539

National Institute on Drug Abuse

<http://www.nida.nih.gov>

(301) 443-1124

Substance Abuse & Mental Health Services Administration

<http://www.samhsa.gov>

(202) 619-0257

Alcohol and Drug Treatment Facilities Specializing in LGBT Populations

Alternatives: Gay treatment of drugs and alcohol abuse, depression, mental illness, or anxiety, Los Angeles, CA

<http://www.alternativesinc.com>

(800) Dial-Gay

Fenway Community Health: Behavioral Health & Addictions Services, Boston, MA

<http://www.fenwayhealth.org>

(617) 927-6202

Includes counseling, acupuncture detox program, and support groups.

Freedom Rings at Lakeview Health, Jacksonville, FL

<http://www.gay-rehab.com>

(800) 231-1820

Drug and alcohol rehabilitation for LGBT people

Options: Drug and alcohol treatment for the gay and lesbian community

<http://www.rainbowrecovery.com>

Pride Institute (multiple locations)

<http://www.pride-institute.com>

(800) 547-7433

Hours: 24 hours/day, 7 days/week

Chemical dependency/mental health referral and information hotline for lesbian, gay, bisexual, and transgender communities.

Websites on Drugs of Abuse

The National Institute on Drug Abuse: Club Drugs

<http://www.clubdrugs.org/>

Crystal Meth Anonymous

<http://www.crystalmeth.org>

Tweaker.org (gay men and crystal meth)

<http://Tweaker.org>

Crystal: It's dangerous. Know the risks.

<http://www.fenwayhealth.org>

VIOLENCE AND TRAUMA PREVENTION

Literature on Violence Prevention

Domestic Violence

Leventhal B, Lundy S, eds. *Same-Sex Domestic Violence: Strategies for Change*. Sage; 1999.

Lobel K, ed. *Naming the Violence: Speaking out about Lesbian Battering*. Seal Press; 1986.

McClennen JC, Gunther J, eds. *A Professional Guide to Understanding Gay and Lesbian Domestic Violence*. Edwin Mellen Press; 1999.

Pitt E, Dolan-Soto D. *Clinical considerations in working with victims of same-sex domestic violence*. *Journal of the Gay and Lesbian Medical Association*. 2001;5(4):163-9.

Renzetti CM. *Violent Betrayal: Partner Abuse in Lesbian Relationships*. Sage Publications; 1992.

Ristock JL. *Responding to Lesbian Relationship Violence: An ethical challenge*. In: Tutty L, Goard C, eds. *Reclaiming Self: Issues and Resources for Women Abused by Intimate Partners*. Fernwood Publishing; 2002.

Ristock J. Relationship violence in lesbian/gay/bisexual/transgender/queer communities: moving beyond a gender-based framework. Violence Against Women Online Resources, 2005. Available at <http://www.mincava.umn.edu/documents/lgbtqvviolence/lgbtqvviolence.html>

Walker L. *The Battered Woman*. Harper & Row; 1979.

Hate Crimes

DeCecco JP, ed. *Bashers, Baiters & Bigots: Homophobia in American Society*. Harrington Park Press; 1985.

Herek GM, Berrill KT, eds. *Hate Crimes: Confronting Violence Against Lesbians and Gay Men*. Sage; 1992.

Herek GM, Cogan JC, Gillis JR. Victim experiences in hate crimes based on sexual orientation. *Journal of Social Issues*. 2002;58:319-39.

Forum with Michael Krasny on Hate Crimes Against Gays, Lesbians, Bisexuals, and Transgenders, Featuring Greg Herek, Podcast on KQED-FM Northern California. Broadcast on July 18, 2006. Available at <http://www.kqed.org/epArchive/R607180900>.

Sexual Assault

When Men Are Raped. Columbus OH: Ohio State University Rape Education and Prevention Program; 1997. Available from 464 Ohio Union, 1739 High Street, Columbus OH 43210.

Scarce M. *Male on Male Rape: The Hidden Toll of Stigma and Shame*. Basic Books; 1997.

LGBT Violence Prevention Support Organizations and Websites

Family Violence Prevention Fund

<http://www.fvpf.org>

(415) 252-8900

Fenway Community Health, Violence Recovery Program.

<http://www.fenwayhealth.org>

(617) 927-6250

Gay Men's Domestic Violence Project

<http://www.gmdvp.org>

(617) 354-6056

Hatecrime.org

<http://www.hatecrime.org>

MaleSurvivor

<http://www.malesurvivor.org>

National Coalition of Anti-Violence Programs, New York, NY

<http://www.ncavp.org>

(212) 714-1184

National Domestic Violence Hotline

1-800-799-7233 (24 hours)

<http://www.ndvh.org>

National Gay and Lesbian Task Force

<http://thetaskforce.org>

(202) 393-5177

**The Network/La Red: Ending abuse in lesbian, bisexual women's
and transgender communities**

<http://www.thenetworklared.org>

(617) 695-0877

Rape, Abuse, Incest National Network

<http://www.rainn.org>

(202) 544-1034

Sexual Assault Hotline

(800) 656-HOPE (24 hours)

LGBT SEXUAL HEALTH AND SEXUALLY TRANSMITTED INFECTIONS

HIV/STI Clinical Prevention Guidelines and Interventions

Centers for Disease Control and Prevention

- Sexually Transmitted Infections, including updated treatment guidelines:
<http://www.cdc.gov/std>
- Revised recommendations for HIV testing of adults, adolescents, and pregnant women in health-care settings.
<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5514a1.htm>

Massachusetts Department of Health, Fenway Community Health. Prevention and management of sexually transmitted diseases in men who have sex with men: a toolkit for clinicians. 2003.

http://www.fenwayhealth.org/site/DocServer/Prevention_and_Management_of_Sexually_Transmitted_Diseas.pdf?docID=721

National Gay and Lesbian Task Force Policy Institute, BiNet USA, The Fenway Institute at Fenway Community Health. Bisexual health: an introduction and model practices for HIV/STI prevention programming. 2007.

http://www.thetaskforce.org/reports_and_research/bisexual_health

Diffusion of Effective Behavioral Interventions (HIV)

<http://www.effectiveinterventions.org/>

HIV/STI / Sexual Health Organizations and Informational Web Sites

The Body: The Complete HIV/AIDS Resource.

<http://www.thebody.com>

STI information

<http://www.gayhealth.com/templates/sex/std/index.html>

HIVInsite

<http://www.hivinsite.ucsf.edu>

LesbianSTD.com

<http://www.lesbianstd.com>

National and state AIDS hotlines from aidshotline.org (list)

http://www.aidshotline.org/crm/asp/refer/state_hotlines.asp

National Minority AIDS Council

<http://www.nmac.org>

(202) 483-6622

National CDC STD/HIV Hotline

(800) 342-2437

National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention

<http://www.cdc.gov/nchstp/od/nchstp.html>

Project Inform

<http://www.projectinform.org>

Hotline: 800-822-7422

Pfizer Sexual Health Medical School Curriculum Grant GLBT Educational Materials

http://www.pfizersexualhealth.com/index_sexual.html

STAGES OF CHANGE / TRANSTHEORETICAL MODEL OF CHANGE

Cancer Prevention Research Center: Transtheoretical Model

<http://www.uri.edu/research/cprc/TTM/StagesOfChange.htm>

DiClemente CC, Schlundt D, Gemmell L. Readiness and stages of change in addiction treatment. Am J Addict. 2004 Mar-Apr;13(2):103-19.

Paul S, Sneed NV. Strategies for behavior change in patients with heart failure. Am J Crit Care. 2004;13:305-13.

Prochaska JO, DiClemente CC, Norcross J. In search of how people change. American Psychologist. 1992; 47:1102-1114.

Prochaska JO, Norcross J. Stages of change. Psychotherapy. 2001;38:443-448.

Prochaska JO, Velicer WF. The transtheoretical model of health behavior change. Am J Health Promot. 1997;12:38-48.

Zimmerman GL, Olsen CG, Bosworth MF. A 'stages of change' approach to helping patients change behavior. Am Fam Physician. 2000;61:1409-1416.

Motivational Interviewing Resources

<http://motivationalinterview.org>